Burraneer Bay Public School

Bicycle/e-bike rider - safety guidelines



Our school encourages all students and their families to be safe active travellers. This guide outlines our expectations of students as bicycle/e-bike riders when travelling to and from school.

Transport for NSW advice:

- riders must wear an <u>approved helmet</u> it's the law
- riders under 10 years of age should be actively supervised by an adult
- riders aged between 10 and 12 should ride away from busy roads.
- riders under 16 and adult riders accompanying and supervising them may ride on the footpath, unless there are signs specifically prohibiting cycling.
- at intersections, riders must dismount, walk their bike and cross the road as a pedestrian
- bicycle riders must obey the bicycle road rules.
 https://roadsafety.transport.nsw.gov.au/stayingsafe/bicycle-riders/laws.html

Parents and carers are responsible for:

- how their child travels to and from school
- maintaining their child's bicycle/e-bike. Bicycles/e-bikes must be safe and in working order, and by law must be fitted with a working brake and a bell.
- ensuring their child correctly wears an approved helmet
- teaching their child the bicycle road rules
- completing and returning the Bicycle/e-bike rider safety agreement

Students who ride bicycles/e-bikes to and from school are responsible for:

- completing the Bicycle/e-bike rider safety agreement, issued by our school
- dismounting their bicycle/e-bike before entering school grounds
- using the school entry and exit points via Burraneer Bay Rd pedestrian entrance or via the side pedestrian entrance on Gannons Road
- walking bicycles/e-bikes on school grounds
- storing the bicycle/e-bike in the bicycle and e-bike storage area. Bicycles/e-bikes must be locked with a chain and padlock supplied by the owner.

Bicycles/e-bikes and helmets are brought and stored at school at the owner's risk.

E-bikes will NOT be charged on school site and will be stored away from school structures.

Parents/carers will be notified if their child does not follow the school's safety guidelines and agreement. Students may be banned from bringing their bicycles/e-bikes onto school grounds if they breach these rules

Mrs V Pantelis

Principal



Burraneer Bay Public School



Bicycle/e-bike rider - safety agreement

Child agreement

 have read and discussed the school Bicycle/e-b parents or carers 	oike rider safety guidelines a	nd agreement with my
 understand the information provided 		
 will wear my helmet correctly when riding my will keep my bicycle/e-bike well maintained will give way to all pedestrians on footpaths, or will walk my bicycle/e-bike across the road at swill walk my bicycle/e-bike on school grounds will secure my bicycle/e-bike with a lock and chanderstand that the principal may stop me from follow the rules bring my bicycle/e-bike and helmet to and from 	rossings and cycle paths afe places and pedestrian/tr nain in the bicycle rack m bringing my bicycle/e-bike	raffic crossings
Student signature:		
Parent/carer signature:		
Date:		
Parent/carer agreement		
l approve my child (name)bicycle/e-bike to and from school.	of class	riding his/her
I have read and discussed the school's Bicycle/	e-bike rider safety guidelines	s and agreement with my

- child.
- My child will correctly wear an approved helmet when riding a bicycle/e-bike to and from school.
- I have reviewed the Guide to bicycle maintenance and understand that it is my responsibility to keep the bicycle/e-bike well maintained and roadworthy.
- I have reviewed the Guide to correctly fitting a helmet and understand that it is my responsibility that my child wears their helmet correctly.
- I understand the principal may ban my child from bringing their bicycle/e-bike onto school grounds if the school's rules are not followed.
- I understand that bicycles/e-bikes and helmets are brought to school at the owner's risk.

Parent/carer signature:	
Parent/carer name:	
Date:	

Guide to bicycle/e-bike maintenance: eight-point safety-check

Feature	What are you checking for?	Maintained	Needs fixing
Bell or horn	rings or sounds clearly and loudly		
Brakes	when brakes are applied, bike wheel does not rotate		
Brake pads	pads are not worn down		
Chain	be well oiled and not sag		
White front reflector	is secure and clean		
Red rear reflector	is secure and clean		
Tyres	firm tyrestread not worn and no canvas showingno bulges or cuts		
Yellow wheel and pedal reflectors	is secure and clean		

Source: Adapted from Safety Town

What is the right size of bicycle/e-bike?

The right sized bicycle/e-bike:

- is comfortable for the rider
- allows for the arms to be slightly bent as the body leans slightly forward holding the handlebars
- has controls within reach
- allows the rider's feet to just touch the ground when the rider is sitting on the seat
- allows the rider to straddle the crossbar with both feet flat on the ground.
- has a level seat.

What is required by law?

A bicycle/e-bike must be fitted with:

- a working horn or bell
- at least one working brake
- and display a flashing or steady white light on the front, a flashing or steady red rear light, and a red rear reflector if ridden at night or during hazardous weather conditions.

E-bikes must meet <u>Transport for NSW's requirements</u>

Guide to correctly fitting a helmet

Always wear a helmet when you ride



Can you place just two fingers between your eyebrows and your helmet?



Can you fit just two fingers between the helmet strap and your chin?



Do the straps join in a 'V' just below your ears?



Has an adult checked your helmet?

Source: NSW Centre for Road Safety, Transport for NSW

More information is available from:

Department of Education

- Riding to and from school: advice and resources to support schools
- Riding e-bikes and e-scooters to and from school: advice and resources to support schools
- <u>Lithium-ion batteries usage, storage and management</u>: the department's Health, Safety and Wellbeing advice about storage and charging of e-bikes on school site.

Transport for NSW

- <u>Safety on wheels</u> (PDF 385KB) the law and safety advice for bicycles, foot scooters, skateboards and rollerblades
- Road rules for bicycle riders: including helmet safety
- Safe bicycle riding: advice about riding safely on the road
- <u>E-bikes</u>: frequently asked questions
- <u>E-bikes: Advice for families</u> (PDF1513 KB) fact sheet
- <u>E-scooter: Advice for families</u> (PDF 1491) fact sheet